

30 January 2013

Liquid Ice CosMedicals AG
Zugerbergstrasse 86
6314 Unteraegeri
Switzerland
Phone +41 41 750 8989

To Whom It May Concern:

In response to your inquiry regarding my practical approach for providing comfort during facial aesthetic procedures (facial peels and filler augmentation), my objectives remains straightforward, consistent and relevant to the goals of the procedure ...

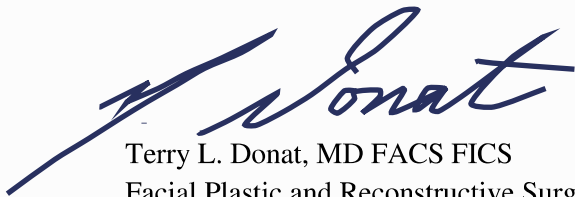
*“Minimize discomfort by reducing pain sensitivity through topical cooling
and minimal tissue pressure through technique”*

The goal and advantage of topical cooling is to provide my patients with decreased sensitivity --- *prior* to blunt microcannula insertion and dissection in the subcutaneous plane --- without the unnecessary, inherent potential for cascading effects from local anesthetics. Subsequent topical cooling for ten-fifteen minutes effectively diminishes further acute tissue response.

In my experience, the addition of local anesthetics --- which promote extended vasodilation before, during and after filler placement, whether topical or mixed with the filler --- provides no further advantage in managing temporary discomfort during these procedures. Actually the use of local anesthetics contributes to greater redness, swelling, puncture site bleeding, and the potential for bruising and delayed discomfort due to certain and enduring vasodilation

I propose that by sequentially timing your effective cooling of the treatment site, conveying the location and brief time of their *anticipated* discomfort, ensuring your best technique for directing filler placement and minimizing tissue distention, you can manage the comfort of nearly all of your patients.

Sincerely,



Terry L. Donat, MD FACS FICS
Facial Plastic and Reconstructive Surgery, *ABFPRS*
CGH Medical Center
Sterling, IL 61081
USA



FACIAL
PLASTIC
SURGERYTM
AMERICAN ACADEMY OF FACIAL PLASTIC
AND RECONSTRUCTIVE SURGERY, INC.